



Menu Buffet January 2018

Week 1(OFF)

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Christmas Break School Closed				
Afternoon Snack					
Main Dish					
Noodles					
Egg					
Rice					
Vegetables					
Soup					
Fruits					
Special Menu					

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	Corn Flakes	French toast	Sandwiches	Waffle	Pancake
Afternoon Snack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Fried chicken with basil leaves 	Grilled Pork 	Fried rice with salmon 	Stir fried pock with mushroom 	Fried pork with sesame 
	Korean-style fried pork 	Boiled chicken with fish sauce 	Steamed Egg and Pork in Brown sauce 	Chicken sauce 	Cabonara 
Noodles	Long life noodle 	Fried noodles with pork 	Yakisoba 	Penne 	Fusilli 
Egg	Boiled Egg	Steamed Egg		Scrambled Egg	Omelet egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	Sandwiches	French toast	Pancake	Corn Flakes	Waffle
Afternoon Snack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Roasted Pork 	Grilled Pork 	Bake Chicken with tomato sauce 	Fried Pork 	Fried Chicken with chinese moshroom 
	Fried rice with Tuna fish 	Boiled chicken with fish sauce 	Fried rice with Shrimp 	Roasted Saba fish with soy sauce 	Cabonara 
Noodles	Over Jade Noodle 	Fried noodles with pork 	Long life noodle 	Macaroni with sauce 	Spaghetti 
Egg	Fried Egg	Steamed Egg	Boiled Egg	Omelet thai Egg	Omelet Egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert

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Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	Sandwiches	French toast	Corn Flakes	Waffle	Pancake
Afternoon Snack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Chicken stir-fried with ginger 	Deep fried tofu with gravy sause 	Steamed Egg and chicken in Brown 	Sweet pork condiment 	Fried chicken with sesame 
	Barbecued red pork in sauce 	Steamed Chicken breast with soy sauce 	Salmon with garlic pepper 	Chicken sauce 	Cabonara 
Noodles	Yakisoba 	Over Jade noodl 	Fried noodles with pork 	Penne 	Fusilli 
Egg	Boiled Egg	Fried Egg		Scrambled Egg	Omelet egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert

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Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)		
	Sandwiches	Waffle	Pancake		
Afternoon Snack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)		
	Seasonal fruits	Seasonal fruits	Seasonal fruits		
Main Dish	Fried rice with 	Herb Roasted Pork 	Roasted chicken 		
	Chicken teriyaki 	Chicken sauce 	Cabonara 		
Noodles	Yellow Noodle 	Spaghetti 	Fusilli 		
Egg	Omelet thai egg	Scrambled Egg	Omelet egg		
Rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice		
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables		
Soup	Soup	Soup	Soup		
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits		
Special Menu					