

Menu Buffet February 2018

Week 1(1-2)

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack				Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
				Waffle	Corn Flakes
Afternoon Skack				Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)
				Seasonal fruits	Seasonal fruits
Main Dish				Roast Pork with honey 	Barbecued red pork in sauce 
				Boiled chicken with fish saucek 	Fried rice with Calamari 
Noodles				Over Jade Noodle 	Long life noodle 
Egg				Boiled Egg	Scrambled Egg
Rice				Steamed rice	Steamed rice/Sticky rice
Vegetables				Mixed Vegetables	Mixed Vegetables
Soup				Soup	Soup
Fruits				Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	Sandwiches	French toast	Corn Flakes	Waffle	pancake
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	Juice(PK) / UHT Milk(KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Stir-fried Chicken in sauce 	Fried Pork 	Fried rice with Tuna 	Grilled Chicken with honey 	Steamed Egg and Pork in Brown sauce 
	Roast Pork Potato with brown sauce 	Japanese Curry with chicken 	Sweet Chicken condimen 	Chicken sauce 	Stir-fried Chicken with sweet and sour sauce 
Noodles	Over Jade Noodle 	Long life noodle 	Fried noodles with pork 	Penne 	Yellow Noodle 
Egg	Steamed Egg	Omelet	Boiled Egg	Scrambled Egg	Omelet Thai
Rice	Steamed rice	Steamed rice/Sticky rice	Steamed rice	Steamed rice	Steamed rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert



Menu Buffet February 2018

Week 3(OFF)

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Chinese New Year School Closed	Chinese New Year School Closed	Chinese New Year School Closed	Chinese New Year School Closed	
Afternoon Skack					
Main Dish					
Noodles					
Egg					
Rice					
Vegetables					
Soup					
Fruits					
Special Menu					

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)
	French Toast	Corn Flakes	Sandwiches	pancake	Waffle
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	Juice(PK) / UHT Milk(KG)
	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Main Dish	Deep fried minced Pork ball 	Fried salmon with garlic 	Roast Chicken with BBQ sauce 	Stewed Pork 	Fried rice with Shrimp 
	Steamed Chicken 	Stir fried Ham with sweet and sour sauce 	Steamed Egg and chicken Brown sauce 	Chicken sauce 	Fried Chicken 
Noodles	Yakisoba 	Fried noodles with pork 	Long life noodle 	Penne 	Yellow Noodle 
Egg	Omelet Thai	Boiled Egg	Omelet Egg	Steamed Egg	Fried Egg
Rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Soup	Soup	Soup	Soup	Soup	Soup
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Special Menu					Thai Dessert

Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)	Fresh milk(PK-KG) /UHT Milk(G.1-2)		
	Sandwiches	Corn Flakes	French Toast		
Afternoon Skack	UHT Milk (Pk-KG)	Juice(PK) / UHT Milk(KG)	UHT Milk (Pk-KG)		
	Seasonal fruits	Seasonal fruits	Seasonal fruits		
Main Dish	Sweet pork condiment 	Steamed Egg and Chicken in Brown 	Fried Pork 		
	Cabonara 	Stir fried salmon with ginger 	Stir fried Fish with yellow curry 		
Noodles	Spaghetti	Over Jade noodl 	Macaroni with sauce 		
Egg	Omelet Egg	Scrambled Egg	Omelet		
Rice	Steamed rice	Steamed rice	Steamed rice/Sticky rice		
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables		
Soup	Soup	Soup	Soup		
Fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits		
Special Menu					