



# TCIS WEEKLY NEWS

April 6, 2025

Issue1: Week #31



This Week's Cover: Grade 4 Parent Ice Cream Event



## Important Dates and Upcoming Events

- April 7 : Chakri Day 6: Substitute **Apr 7 : School Closed**
- April 11 : Songkran Celebration
- April 14-18 : Songkran Holiday : School Closed

## Upcoming TCIS Events

April 9: Parent Coffee Morning: Grade 4 Parents  
 April 11 : Songkran Celebration

## Admin Team Section

[Dr. Michael](#)

[School Director: Kru Rung](#)

[ECE & Elementary: Dr. James](#)

[High School: Mr. Kevin](#)

[Business Manager: Ms. Apple](#)

[Athletics Department: Mr. Sean](#)

## Elementary

[1A](#)   [1B](#)   [2A](#)   [2B](#)   [3A](#)   [3B](#)   [4A](#)   [4B](#)   [Thai](#)   [Chinese](#)   [PE](#)   [ELL](#)

## Directory and Important Links

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[Important Links for Parents](#)

[Nurse Information](#)  
[Link to April Menu Set](#)  
[2024/2025 Calendar](#)

## April 2024/2025 Calendar

	1	2	3	4		
April '25	7	8	9	10	11	7 Chakri Day 6 - Substitute 7 : School Closed
	14	15	16	17	18	11 Songkran Celebration
	21	22	23	24	25	14-18 Songkran Holiday : School Closed
	28	29	30			



Dear TCIS Family,

It has been a fantastic week on campus as we continue to move forward with exciting plans for the future of our school! Preparations are well underway for our upcoming new construction, and we are thrilled to welcome builders to campus soon to share designs with the community.

Our Class Parent Representative (CPR) group also met this week, and many important updates were shared—including the master plan for all upcoming building projects. We truly value the feedback and enthusiasm from our parent partners and look forward to continuing these conversations. Please mark your calendars for a Parent Coffee after the Songkran holiday, where we will present more details about the construction updates and the exciting vision ahead.

In celebration of our 30th Anniversary, we are launching a Logo Design Contest open to all members of the TCIS community! We warmly invite parents, students, and teachers to submit designs that reflect the spirit and journey of TCIS. The winning design will be featured across our anniversary celebrations, and the winner will receive a 5,000 THB prize!

Also coming up, Dr. James and Mr. Richard will be meeting with Grade 4 parents to discuss the upcoming transition event as our students prepare to move into Upper Elementary. We look forward to sharing how we are supporting your child during this exciting next step in their learning journey.

Next week, we will celebrate one of my favorite holidays—Songkran! Our entire TCIS community is warmly invited to join in this special Thai celebration. It's a wonderful time of tradition, joy, and togetherness, and we look forward to sharing it with you all.

And finally, a special shout-out to Dr. Li-Chou and our amazing Middle School and High School Strings and Choir students for such a beautiful and inspiring performance this week. Your hard work and talent truly moved us all—thank you for sharing your music with the TCIS community!

Wishing everyone a joyful weekend and a beautiful upcoming holiday,

Regards,

Dr. Michael



Dear TCIS Family



### Thai Knowledge Bowl Awards

During last week's assembly, we presented awards to the winners of our Thai Knowledge Bowl. It was delightful to see the excitement on students' faces when they were called up to receive their awards. [Thai Knowledge Bowl Photos](#)

### Songkran Celebration

The Thai Department will organize the **Songkran Celebration** on **Friday, April 11, 2025**, with the theme "**Songkran at Our Home.**" The event will take place from **7:30 AM to 2:25 PM**, featuring the following activities:

#### Schedule:

- **7:30 - 8:30 AM** – Alms-giving ceremony with 9 monks (Soccer Field)
- **8:35 - 9:15 AM** – Rod Nam Dum Hua (Soccer Field)
- **9:15 - 9:30 AM** – Break (15 minutes)
- **9:30 - 10:30 AM** – Welcome Speech, Opening Ceremony, and Student Performances (5th Floor Gym)
- **11:00 AM - 2:25 PM** – Game booths and shops (Basketball Court) and water splashing (Soccer Field)

In the weeks leading up to the celebration, students will learn about the **history of Songkran** and Thai handicrafts, which will be displayed around the school. To honor Thai traditions, all students are encouraged to wear **traditional Thai costumes** or a **floral-printed shirt with appropriate pants**. Additionally, students should bring an extra set of clothes and plastic bags for water activities.

#### Important Reminders:

- Please refrain from wearing **white or light-colored clothing**.
- **Water guns are not allowed** to ensure a safe and enjoyable environment.
- The school prioritizes student safety and appreciates everyone's cooperation.

The **Thai Department and high school student organizers** sincerely appreciate your support and cooperation in making this event a success. [Songkran Poster](#)

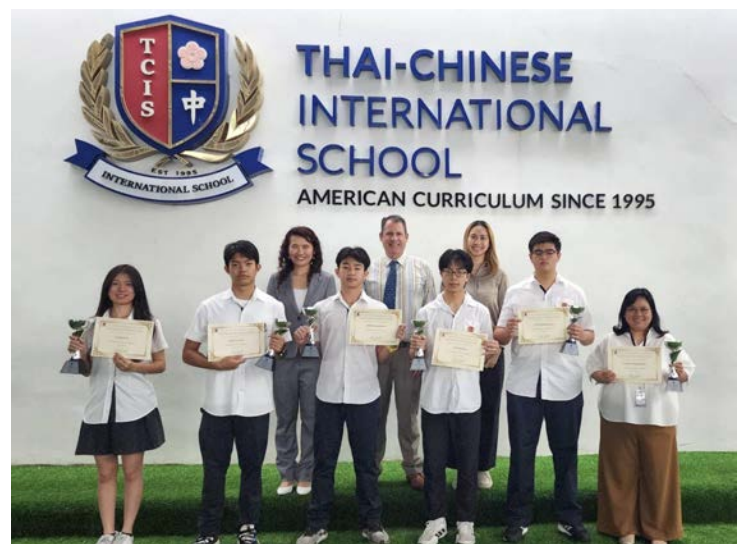
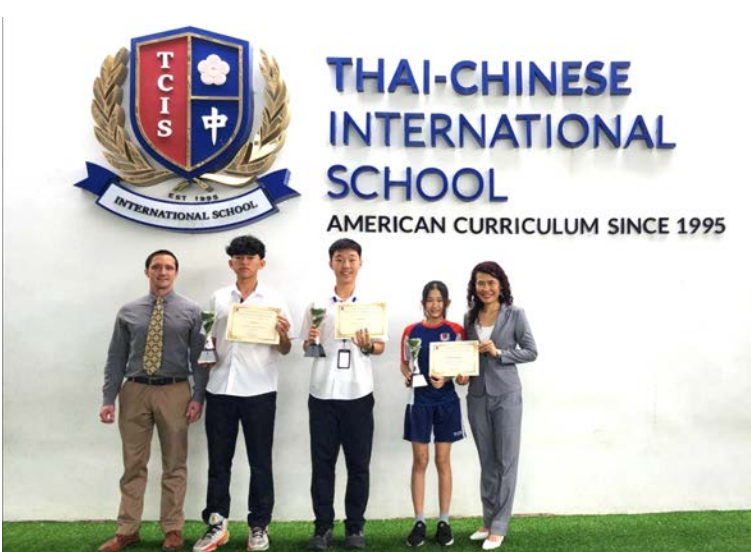
### WASC Visiting Committee Member

As a member of the WASC Visiting Committee for a school in Vietnam, I had the incredible opportunity to engage in a truly enriching experience that significantly contributed to my professional growth. Being part of the WASC committee allowed me to observe practices and processes of the school. It was a rewarding chance to collaborate with experienced educators and gain new perspectives on best practices in school leadership, curriculum development, student support, student safeguarding, and accreditation standards.

This experience has not only enhanced my professional development but will also directly benefit our school community. With a deeper understanding of effective school improvement strategies, I am eager to contribute to initiatives that foster continuous growth at TCIS. By promoting a culture of reflection and meaningful self-assessment, we can implement best practices that support student learning and overall school excellence. The insights gained from this opportunity will help us refine our academic programs, strengthen student support services, and uphold the highest standards in education.

I am grateful for the chance to contribute to the WASC accreditation process and look forward to applying what I have learned to further support and enhance our school community. [WASC Visit Photos](#)

Regards, Kru Rung



Kru Rung's Photos : WASC Visiting Committee Member





Dear TCIS Family,

### Elementary Assembly

During our elementary assembly, we rewarded students who displayed exceptional characteristics of being Collaborative Workers. Grade 3B students also treated us to their ideas on how to improve the school. I think that at least a few of their ideas may happen! [Elementary Assembly Photos](#)

### Grade 4 Parent Ice Cream Event

The grade level parent-invited events are a way for us to encourage parent involvement in their childrens' learning journeys. Thank you to everyone involved in making the Grade 4 Science Behind Ice Cream event a success. Special thanks to **Kru Cream, Ms. Emily, Mr. David, Ms. Ben, Ms. Sorn, and Ms. Da** for all their work organizing the occasion. Thank you to **Ms. Pym** for supplying the tasty egg waffle treats. And, of course, thank you to all the parents who attended. We couldn't do it without your support. [Grade 4 Ice Cream Science Photos](#)

### Grade 4 Parent Coffee Morning

Mr. Richard and I will host the Parent Coffee Morning: Preparing Grade 4 Students for Middle School. We will discuss students' classes, introduction to PowerSchool, schedule overview, observation week, and technology. The details are as follows:

- Preparing Grade 4 Students for Middle School
- **Time:** 7:45am to 8:50am
- **Date:** Wednesday, April 9th, 2025
- **Location:** 360 Auditorium

[Parent Coffee Morning Poster](#)

### Songkran - Parent Invited Event

Our Songkran celebration event will take place on **Friday, April 11th, 2025**. Our Thai team is working very hard to make the event a success. Parents are invited to celebrate this important occasion with us. Schedule of the event:

- **7:30 - 8:30 AM** – Alms-giving ceremony with 9 monks (Soccer Field)
- **8:35 - 9:15 AM** – Rod Nam Dum Hua (Soccer Field)
- **9:15 - 9:30 AM** – Break (15 minutes)
- **9:30 - 10:30 AM** – Welcome Speech, Opening Ceremony, and Student Performances (5th Floor Gym)
- **11:00 AM - 2:25 PM** – Game booths and shops (Basketball Court) and water splashing (Soccer Field)

We are happy to announce that **parents are invited to this event**. Parents and all guests are restricted to the designated areas and are not allowed to enter classrooms or to venture upstairs.

As with our other events, parents who wish to take their child early may sign them out. A reminder that after a child is signed out, the child is the responsibility of the parent and will not be allowed to sign back into class. **Please note:** Children signed out before the water play will be unable to participate in the water activity. [Songkran Poster](#)

### Important Reminders

Please read the important reminders about no food deliveries and acceptable football-related footwear.

[Important Reminders](#)

Kind regards,

Dr. James [james.cooke@tcis.ac.th](mailto:james.cooke@tcis.ac.th)

Dr. James Photos: Grade 4 Ice Cream Science 1















Grade 4 Parents  
are invited to our  
**Parents Coffee Morning**  
Preparing Grade 4 Students for  
Middle School

Date : April 9, 2025

Time : 07.45 A.M. - 08.50 A.M.

Location : 360 Auditorium

Presenters : Dr. James and Mr. Richard





# TCIS สงกรานต์

April, 11th 2025

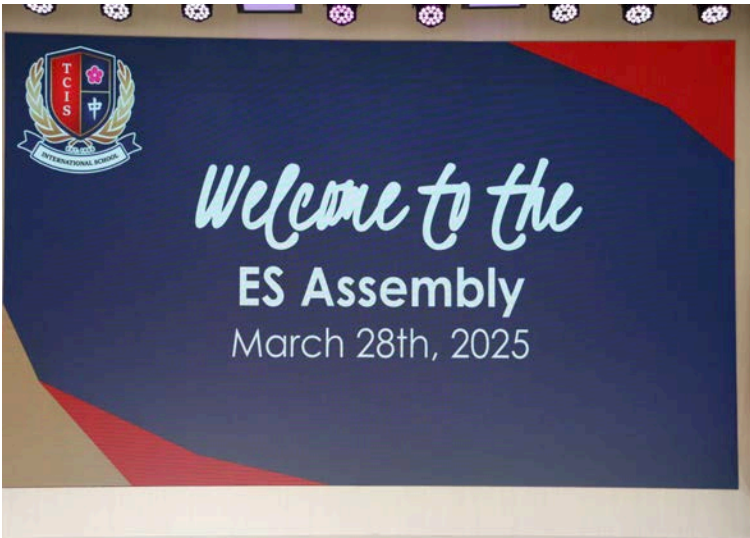
Offer food for monk  
Water pouring ceremony  
Students performance  
Booth and games  
Splashing water

Time: 7.30 am - 3.00 pm

Dress Code: Thai traditional costume / Floral shirt



Dr. James Photos: Elementary Assembly 1







# NO FOOD DELIVERIES TO CAMPUS



- A REMINDER THAT FOOD DELIVERIES ARE NOT ALLOWED ON CAMPUS.
- IF A STUDENT HAS A BIRTHDAY, THEN THE CUPCAKES OR FOOD MUST ARRIVE WITH THE STUDENT IN THE MORNING.
- DELIVERIES WILL NOT BE ACCEPTED AT THE SCHOOL.
- TEACHERS AND STAFF ARE NOT PERMITTED TO ACCEPT ANY DELIVERIES ON BEHALF OF PARENTS OR STUDENTS DURING THE SCHOOL DAY.

## Footwear Reminders



### FOOTBALL CLEATS

- HARD TRADITIONAL FOOTBALL CLEATS ARE NOT SAFE TO WEAR DURING THE SCHOOL DAY AND ARE NOT ALLOWED.
- THEY ARE ONLY ALLOWED AFTER SCHOOL DURING PRACTICE OR DURING AFTER SCHOOL GAMES.
- STUDENTS ARE NOT ALLOWED TO WEAR THEM DURING RECESS OR BREAK TIMES.



### TURF CLEATS

- TURF CLEATS ARE SAFE FOR OUR STUDENTS TO WEAR, AS THEY ARE SOFT AND PROVIDE EXTRA GRIP.
- THEY CAN BE WORN ALL DAY AND DO NOT NEED TO BE CHANGED DURING THE DAY.
- THEY CAN BE WORN DURING RECESS, BREAK TIMES, AND DURING AFTER SCHOOL PRACTICE.



Dear TCIS Parents,

It has been an exciting week in the High School as we had a terrific concert organized by Dr. Li-Chou. It is always great to see our student musicians showcase their talent. I know the audience enjoyed the performance and it is always nice when parents get the opportunity to share in the experience.

Our Model United Nations (MUN) Team recently had the opportunity to participate in THAIMUN. We are proud of Shera in grade 12 as she represented TCIS well at Brighton College where she received Honorable Mention for Best Delegate at the conference.

This week, we also had a panel of Grade 9 Students who spoke on the transition from grade 8 to High School. They did an excellent job on informing the Grade 8 students on the opportunities and challenges in High School. We also have a grade 8 and 9 bonding trip coming up on April 28. Please make sure your child turns in their permission slip for the Bonding trip as soon as possible as we want all students to share in the experience.

We are excited about the upcoming Songkran Celebration on Friday, April 11th, 2025 at TCIS. Check out this [Songkran Celebration Advertisement Video](#) created by our grade 11 student, Jupiter.

### Upcoming Events

- April 7: **Holiday** Chakri Day
- April 8: Tuesday Morning Assembly 7:15am
- April 11: Songkran celebration & food booths
- April 14-18: Songkran holidays
- April 24: Career Day (9:00-10:00)
- April 24: Election Assembly
- April 28: Grade 8 and 9 Bonding Trip



Enjoy Chakri Day!

Kevin Curran  
Head of High School





WOLVES!

Dear Parents,

Our young athletes have thrived in the BSL Soccer Academy, BPL Badminton Academy, and Raptors Basketball Academy! It's been incredible to watch their progress—skills are improving, confidence is growing, and most importantly, they're having a blast! These academies will continue until the end of the school year, so if you haven't signed up yet, there's still time. Don't miss out on the fun!

In other exciting news, the G3U basketball team hit the court for their first game on Thursday. They played hard against a tough opponent and showed great teamwork and effort! Ray (Grade 3) put 4 points on the board, Teeyai (Grade 1) locked in on defense—extra style points for the cool headband, and Matilda and Pam battled for rebounds like pros. What a great start to the season!

Keep up the great work, Wolves!

Go Wolves! 🐾🏀🏈🏐

Mr. Sean



## Business Manager: Ms. Apple



Dear TCIS Family,

Last week, we proudly completed one of our campus development projects—our 360 Auditorium now shines brighter than ever with a brand-new stage lighting system. A heartfelt thank you to Mr. Ex, our dedicated IT Supervisor, and the entire IT team for their tireless work, ensuring everything was ready just in time for the Middle School Speech Contest and the String and Choir Concert.

Meanwhile, exciting progress is underway for our Early Childhood Education (ECE) program. Construction on the new mock-up classroom has begun. To ensure the highest level of student safety, our contractor is erecting a protective wall around the site. All high-noise work is scheduled

for the upcoming school holiday, while only low-noise tasks will take place during regular school days to minimize disruption to learning.

Regards,

Ms. Apple  
Business Manager







# TCIS CHILD SAFEGUARDING TEAM

safe@tcis.ac.th



**KRU RUNG**  
THAI DIRECTOR  
CHILD SAFEGUARD LEAD



DR. MICHAEL



MR. TONY



DR. JAMES



MR. RICHARD



MR. KEVIN



MS. JUANITA




MS. ANITA



DR. MIHO

Who can I talk to if I need help?  
[www.tcis.ac.th/child-safeguarding](http://www.tcis.ac.th/child-safeguarding)

## Our Schoolwide Learning Outcomes are part of everything we do at TCIS



**SCHOOLWIDE  
LEARNER  
OUTCOMES**

**INDEPENDENT  
LIFELONG  
LEARNERS**



**EFFECTIVE  
COMMUNICATORS**

**COMPLEX  
THINKERS**

**COLLABORATIVE  
WORKERS**



**GLOBAL  
PARTICIPANTS**





Dear Parents,

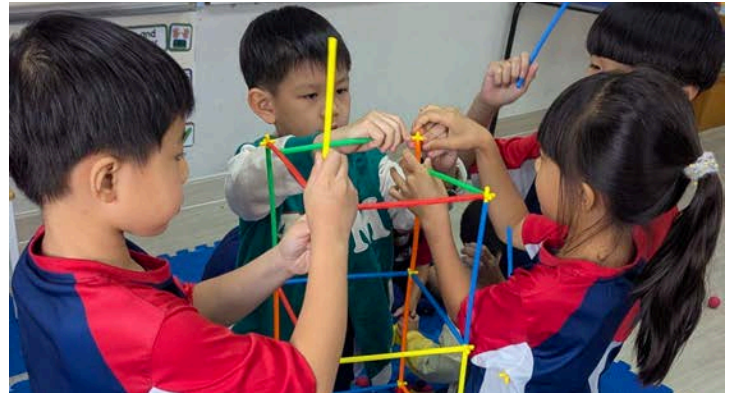
On Friday, March 21st, our first and second graders took an exciting field trip to Sea Life! Leading up to the big day, we explored ocean life through nonfiction reading and ocean conservation through opinion writing in class. Seeing these incredible creatures up close at the aquarium made our learning even more meaningful. Check out some photos below of the amazing experience we had!





Dear Parents,

What a fun month it's been! Our recent field trip to Sea Life was a big hit – the students loved seeing all the amazing ocean animals up close and learning more about their habitats. Since returning, we've been writing all about our experience, and the kids are so excited to share their field trip books with you soon! In reading, we've been practicing reading with a buddy. It's been wonderful to see the students helping each other and building confidence as readers. We've had a fantastic March, and we're all looking forward to a well-deserved Songkran break in April!







Dear Parents,

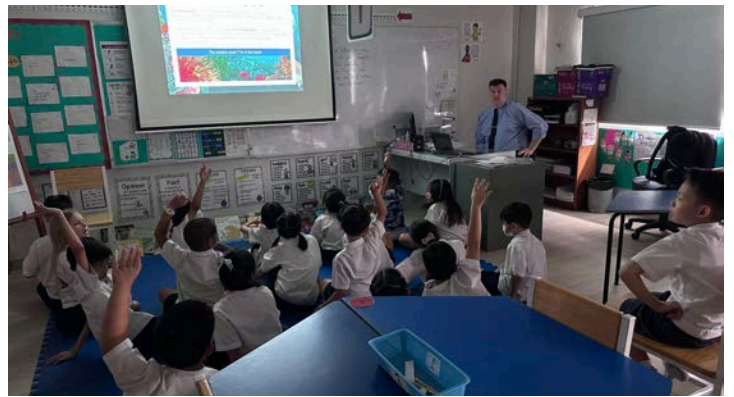
On Friday, March 21st Grades 1-2 embarked on a fantastic Field Trip to Sea Life! That week leading up to the big day, we explored oceans, oceanography, coral reefs, and sea animals! Then, we had a great time getting to see sea and water animals up close at the aquarium! Check out some of the photos below of all the fun we had!





Dear Parents,

Second grade has been *flowing* with excitement this month—literally! Our young scientists dove into the wonders of water, from discovering where rivers begin to figuring out why beaches aren't just giant sandboxes (who knew nature had such a cool process?). We wrapped it all up with an epic field trip to Sea Life, where the students got up close with the mysteries of the ocean! In math, we're making sense of place value up to the *thousands*—because, obviously, second graders are basically mathematicians now. Word problems and counting coins have kept our brains buzzing, and in writing, we've been sharing our strongest opinions (turns out, pizza toppings and bedtime rules are very important topics). Plus, we've been diving into books from our favorite authors, fueling our love for reading. There's never a dull moment in 2B, and we wouldn't have it any other way!





Dear Parents,

In Mystery Science, 3A explored two engaging lessons: “Why do plants give us fruit?” and “Why do plants grow flowers?” Through hands-on activities and fun discussions, students discovered that plants grow fruit to protect their seeds and help them spread, often with the help of animals. They also learned that flowers play a key role in attracting pollinators, which helps plants reproduce. The class had a great time investigating these science mysteries and gained a deeper understanding of the life cycle of plants. It was a fun and meaningful learning experience for everyone!





Dear Parents,

In Quarter 4, we will explore exciting new topics. In reading, they'll work on understanding informational texts by finding main ideas, analyzing structure, and combining information. They'll also use strategies like note-taking and summarizing to build research skills. In writing, students will adapt fairy tales and create their own using descriptive language and strong story elements. In math, they'll deepen their understanding of fractions—halves, thirds, fourths, sixths, and eighths—using number lines and area models. In science, they'll study weather patterns and storms, learning how meteorologists predict the weather through data and fun activities.





Dear Parents,

Recently, we've been having a blast in class! In writing, students took on the challenge of a lively debate, crafting and presenting their opinions with strong arguments. Our reading of *Wonder* continues to inspire thoughtful reflections, with students engaging through writing and sketchnotes to dive deeper into the story. In science, we're exploring energy by designing roller coasters and simulating collisions to better understand how energy transfers. And in math, we're mastering conversions—tackling problems related to length, height, mass, and volume to sharpen our measurement skills. It's been a fun and busy time full of learning and discovery! And we held our **Science Behind Ice Cream** event!





Dear Parents,

4B has been busy. We held our debates and have almost finished our class novel, *Wonder*. We have enjoyed experiencing the story from different perspectives. In math, we have been learning all about unit conversions and we will soon begin exploring shapes and angles. In science, we have been experimenting with how energy transfers, and have designed roller coasters to demonstrate how stored energy helps with the transfer of energy. We are looking forward to an amazing April!



Thai Teacher: Kru NongSong



Dear Parents,

Students in G.1 Thai MT, G.3 Thai FT, and G.4 Thai FT have engaged in a variety of fun and educational activities in Thai class! Through activities like vocabulary guessing games, Thai riddles, and short story reading with summaries, they have not only enhanced their knowledge but also developed creativity and teamwork skills.





Dear Parents,

CFB4 is currently learning the names of countries and capitals in Chinese. CFB3 focuses on distance and location terms in Chinese. Also, students in CFB3-4 have been practicing listening and reading exercises in preparation for the CCCC exam. Additionally, CFB1 learns positional words such as up, down, left, and right in Chinese. Besides that, various interactive classroom activities and games have brought a lot of joy to the students. All the students in CFB are enjoying their Chinese lessons and making steady progress.







Dear Parents,

In first grade, we started studying the second textbook, learning more Chinese characters. Every week, we had comprehensive tests to assess our progress. In second grade, we engaged in an exchange with 日新國小 Elementary School in Taiwan. First, we wrote cards to communicate with them. The second phase involved introducing the plants on both the Taiwanese campus and our TCIS campus, helping both sides gain a basic understanding of each other's native plants. In third grade, we taught students how to create flashcards using the new vocabulary they had learned, and played a game of Old Maid together.







Dear Parents,

Students had a month full of academic growth in March, and I'm proud of all they've accomplished.

G1 CFT students learned how to express basic directions and describe the location of objects in a room. They also used directional clues to find hidden treasures during a classroom treasure hunt. G3 CFT students were able to name places near their homes and describe where those places are located. G4 students learned the names and capitals of major countries around the world and introduced famous landmarks and foods from those countries, greatly expanding their understanding of the world.





These are photos of our G1CFT playing a Chinese character puzzle game. Students must work as a team to complete the Chinese character puzzle. This is a Chinese character learning activity that my students and I love very much. We are very excited and happy when they have completed the puzzle with great effort!





Dear Parents,

In our language learning curriculum, students engage in diverse and interactive activities designed to develop their listening, speaking, reading, and writing skills. In G2CFT1, students learn new vocabulary through the **Snakes and Ladders** game, reinforcing word recognition and usage in a fun and engaging way. G3CMT students participate in a **cooking lesson on washing Aiyu jelly**, a native Taiwanese plant, where they explore sensory experiences while learning descriptive language related to sight, touch, and taste. G4CMT students practice expressive reading through **children's poetry recitation**, improving their pronunciation, rhythm, and comprehension skills. Through these carefully designed activities, students not only enhance their linguistic abilities but also deepen their cultural understanding and communication skills in an immersive learning environment.





Dear Parents,

Recently we have concluded our Gymnastics unit. The students had a blast learning how to move their body through space and develop control. This unit saw them learn how to move like an animal and create their own animal movement. They learned how to roll and started working towards cartwheels. Students also learned how to balance with stillness and extension either by themselves or with the help of a partner. One of the highlights for the students was learning how to jump and land while performing basic tricks in the air. Grade 3 and 4 students finished off the unit by planning and performing a group gymnastic routine that showcased everything they learned!





Dear Parents,

Students have had a wonderful time learning English through engaging activities like cooking and an adjective hunt. ELL students read a story called *Stone Soup*, they were then able to act out the story with one another with a reader's theatre script. We were able to celebrate this story by learning to read a recipe by making our very own soup! Students have also learned how to describe things and how to use adjectives to make writing more interesting.



# STAFF CONTACT LIST

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## SECRETARIAL SUPPORT

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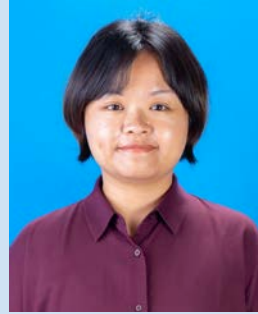
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[Ms. Gigi's Google Site](#)



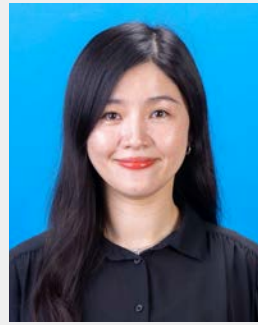
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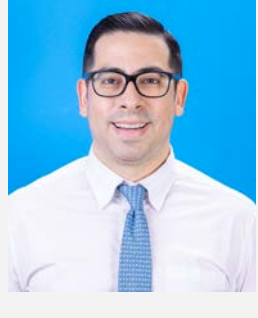




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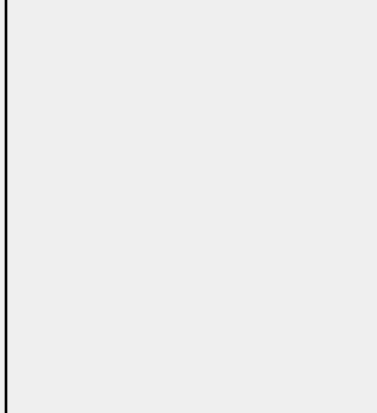
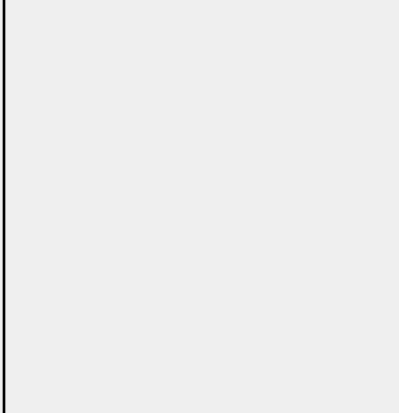
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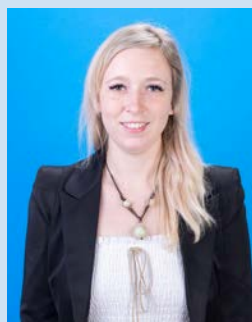


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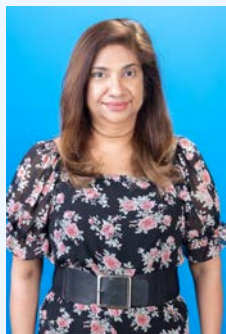
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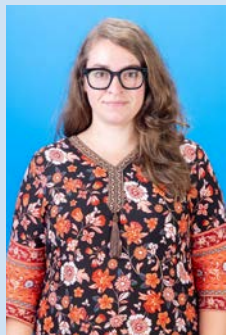
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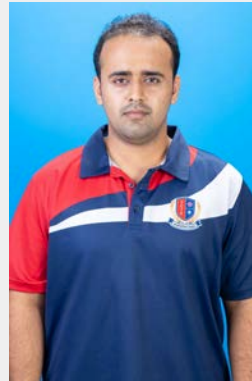


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## The Thailand Personal Data Protection Act (PDPA)

- The **Personal Data Protection Act B.E. 2562 (2019) (PDPA)** was published on 27 May 2019 in Thailand's Government Gazette.  
([English](#), [Thai](#))
- The PDPA is under the supervision of the Ministry of Digital Economy and Society and the main supervising authority of the PDPA is the Office of Data Protection Committee (Office).
- School is the "Data Controller" means a person or juristic person having decision-making on the collection, use, or disclosure of personal information (PDPA Section 6).

Personal Data	Sensitive Data
Any information relating to a natural person, which enables the identification of such person, whether directly or indirectly, but not including information of deceased persons.	Any personal data pertaining to: <ul style="list-style-type: none"><li>● racial or ethnic origin</li><li>● political opinions</li><li>● religious or philosophical beliefs</li><li>● sexual behavior</li><li>● criminal records</li><li>● health data, disability</li><li>● trade union information</li><li>● genetic data, biometric data, or any data which may affect the data subject in the same manner as to be prescribed by the PDPC.</li></ul>

In essence, the PDPA is designed to protect a data owner from the unauthorized or unlawful collection, use, or disclosure and processing of their personal data. As with Europe's GDPR, for example, websites will have to include simple and straightforward language, and receive clear consent from each user, before (or at the time of) collecting such data, using it in any way, or passing it along to third parties.

Another key aspect under the PDPA is the requirement to inform the data subject of (i) how their personal data will be used by the data controller, (ii) whether personal data will be disclosed to a third party, and (iii) of the data subject's rights to their personal data. This must be done at the time the personal data is being collected from the data subject.

The rights of data owners under the PDPA include the following:

- Right to be informed
- Right to access
- Right to data portability
- Right to object
- Right to erasure/ right to be forgotten
- Right to restrict of processing
- Right to rectify

Even foreign entities will need to follow the rules spelled out in the PDPA, as long as they deal with any activities that are related to the processing of personal data such as offering of goods and services or monitoring of users' online behavior, from users who are based in Thailand.

There are both criminal and civil liabilities for breaches of personal data privacy. For instance, the collection, use or disclosure of sensitive personal data illegally is liable to a fine of five million baht on conviction. Collection, use or disclosure of general personal data without a legal basis is liable to a three million baht fine on conviction, and failing to get



consent from data's owner or refusing the data's owner access to their personal data is liable to a one million baht fine on conviction.

If the unauthorized use or disclosure of personal data causes damage to other people or subjects other people to hate, shame or contempt, violators may face six months in prison and/or a fine of 500,000 baht on conviction.

Please see the school website for current [PDPA](#) information.

<https://www.tcis.ac.th/pdpa>

## Important Links for Parents

[2024-25 Parent Student Handbook](#)

[TCIS Yearbook 2023-24](#)

## Nurse: School Health Services

The Nurse Clinic is a spacious and well staffed facility at TCIS that can accommodate several students at any given time of the day. The Nurse Clinic is open daily from 7:00 a.m. to 4:00 p.m. The clinic is located on the ground floor next to the storeroom and staffed by a registered nurse and one nurse's aid. The clinic treats all minor injuries occurring at school. The athletics program has a school nurse who works until the sports games finish.

The clinic stays in touch with the Ministry of Public Health to keep abreast of health notifications. Current vaccination information is sent out to parents for their information and written consent. Students in grade 1 thru grade 6 may get some vaccinations from our nurse according to the Thai Ministry of Public Health. Records of previous vaccinations are kept on file with the school nurse.

A worldwide, comprehensive (24-hour) accident insurance coverage is provided for all students up to 60,000 baht yearly.

**Nurse Arisara Suktrakool (Yok)**

**Email: [nurse@tcis.ac.th](mailto:nurse@tcis.ac.th)**

**Phone 02-751-1201 ext. 220**

# THAI - CHINESE INTERNATIONAL SCHOOL

MENU : APRIL 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	31 Mar 68	1-Apr-68	2-Apr-68	3-Apr-68	4-Apr-68
WEEK1	BREAK	ขนมจีบหมู (140 Kcal)+นม ยากิโซบะ (400 Kcal) หมูสับ (185 Kcal)	ซาเลเปาไส้ครีม (150 Kcal) + นม ข้าวสวย (130 Kcal) ไก่กระเทียม (314 Kcal)	เด็กช็อกโกแลต (275 Kcal) + นม ข้าวสวย (130 Kcal) หมูทอดซีส (314 Kcal)	แซนวิชทูน่า (190 Kcal) + นม สปาเก็ตตี้ (157 Kcal) ซอสคาโบนาร่าแอม (277 Kcal)
	LUNCH	ไข่ดาว (120 Kcal) ซูปมีโซะ (40 Kcal) เมล็ดอบ (46 Kcal)	ไข่พะโล้ (110 Kcal) ซูปพะโล้ (200 Kcal) แอปเปิ้ล (52 Kcal)	ไข่ต้มบุปผี้ด (110 Kcal) แกงจืดฟักไก่ (200 Kcal) ฝรั่ง (68 Kcal)	นึ่งกึ่ง (145 Kcal) ไข่หวาน (155 Kcal) แครกเกอร์หิม (52 Kcal)
	BREAK	มันฝรั่งซีสช็อคโกแลต (182 Kcal) +นม	โดนัทจิว (170 Kcal) + นม	มินิคูกิแอนด์ครีม (140 Kcal) + นม	แตงโม (30 Kcal) + นม
	7-Apr-68	8-Apr-68	9-Apr-68	10-Apr-68	11-Apr-68
WEEK2	BREAK	วาทเฟิลน้ำผึ้ง (219 Kcal) + นม บะหมี่ (298 Kcal) หมูแดง ลูกชิ้นหมู (257 Kcal)	เค้กโรลวนิลา (210 Kcal) + นม ข้าวสวย (130 Kcal) ไก่ผัดซอสเปรี้ยวหวาน (144 Kcal)	โดนัทเกลซ (180 Kcal) + นม ข้าวสวย (130 Kcal) หมูย่างซอสเกรวี (375 Kcal)	แซนวิชเนยหมู (210 Kcal) + นม พิซซ่าไส้กรอกซีส (340 Kcal) ไก่ป้อป (150 Kcal)
	LUNCH	-OFF-	ไข่ต้ม (40 Kcal) ซูปหัวไชเท้า (40 Kcal) ขนมถ้วยฟู (78 Kcal)	ไข่เจียว (153 Kcal) แกงจืดลูกเงาะ (200 Kcal) แครกเกอร์ครีม (102 Kcal)	ซูปปลาหัวไชเท้า (40 Kcal) ขนมขาไก่ (206 Kcal) แคนตาลูป (34 Kcal) + นม
	BREAK	-OFF-	ขนมฟู (28 Kcal) + นม	แคนตาลูป (34 Kcal) + นม	แพนเค้ก (227 Kcal) + นม
	14-Apr-68	15-Apr-68	16-Apr-68	17-Apr-68	18-Apr-68
WEEK3	BREAK	-OFF-	-OFF-	-OFF-	-OFF-
	LUNCH	-OFF-	-OFF-	-OFF-	-OFF-
	BREAK	-OFF-	-OFF-	-OFF-	-OFF-
	21-Apr-68	22-Apr-68	23-Apr-68	24-Apr-68	25-Apr-68
WEEK4	BREAK	แซนวิชแฮมสตรองเบอร์รี่ (150 Kcal) + นม ราเม็ง (188 Kcal) ไก่+กุ้งสับ ลูกชิ้นปลา (249 Kcal)	ขนมจีบหมู (140 Kcal) + นม ข้าวสวย (130 Kcal) ไก่อบซอสบาร์บีคิว (178 Kcal)	ซาเลเปาไส้ครีม (150 Kcal) + นม ข้าวสวย (130 Kcal) หมูสไลด์ผัดหอมใหญ่ (411 Kcal)	โกโก้รันช์ (150 Kcal) + นม เบอร์เกอร์ปลา (406 Kcal) ไก่คาราเกะ (238 Kcal)
	LUNCH	ไข่ต้มกุ้งสับ (106 Kcal) ไข่ต้มซีอิ๊ว (75 Kcal) ซูปน้ำเต้า (40 Kcal) แตงโม (30 Kcal)	ไข่เจียว (153 Kcal) ซูปปลาพวย (45 Kcal) มินิคูกิแอนด์ครีม (140 Kcal)	ซูปปลาหัวไชเท้า (45 Kcal) ฝรั่ง (68 Kcal) แคนตาลูป (34 Kcal)	ซูปข้าวโพด (207 Kcal) แคนตาลูป (34 Kcal) ขนมปังจีส (65 Kcal) + นม
	BREAK	ขนมปังเนยกรอบ (185 Kcal) + นม	เมล็ดอบ (46 Kcal) + นม	โกลาส่วนหัว (91 Kcal) + นม	
	28-Apr-68	29-Apr-68	30-Apr-68	1-May-68	2-May-68
WEEK5	BREAK	แซนวิชทูน่า (190 Kcal) + นม บะหมี่ (298 Kcal) หมูตุ๋น ลูกชิ้นหมู (220 Kcal)	โรลวนิลา (210 Kcal) + นม ข้าวสวย (130 Kcal) ไก่ทอดเกาหลี (273 Kcal)		
	LUNCH	ไข่ต้ม (40 Kcal) ซูปหัวไชเท้า (40 Kcal) แตงโม (30 Kcal)	ไข่ดาว (120 Kcal) ซูปมีโซะ (40 Kcal) สาหร่าย (57 Kcal)		
	BREAK	แพนเค้ก (227 Kcal) + นม	เวเฟอร์นึ่งซีสช็อคโกแลต (120 Kcal) + นม		

# THAI - CHINESE INTERNATIONAL SCHOOL

MENU : APRIL 2025

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		31 Mar 68	1-Apr-68	2-Apr-68	3-Apr-68	4-Apr-68
WEEK 1	BREAK		Pork Dumplings (140 Kcal) + Milk	Cream Bun (150 Kcal) + Milk	Chocolate Cake (210 Kcal) + Milk	Nutella Sandwich (190 Kcal) + Milk
	LUNCH		Yakisoba (400 Kcal) Minced Pork (185 Kcal) Fried Egg (120 Kcal) Miso soup (40 Kcal) Melon (52 Kcal)	Rice (130 Kcal) Stir-Fried Chicken with Garlic (314 Kcal) Egg Pa-Lo (110 Kcal) Tofu and Pa-la Soup (200 Kcal) Apple (52 Kcal)	Rice (130 Kcal) Fried Pork and Cheese (314 Kcal) Steamed Eggs with Crab Sticks (110 Kcal) Chicken Hatch Soup (200 Kcal) Guava(68 Kcal)	Spaghetti (157 Kcal) Mined Chicked Bolognese (277 Kcal) Nuggets (145 Kcal) Scrambled Eggs (149 Kcal) Bear Cracker (52 Kcal)
	BREAK		Chocolate Muffin (182 Kcal) + Milk	Mini Donut (170 Kcal) + Milk	Mini Cookies & Cream (140 Kcal)+Milk	Grapes (67 Kcal) + milk
WEEK 2	BREAK	7-Apr-68	8-Apr-68	9-Apr-68	10-Apr-68	11-Apr-68
	LUNCH	-OFF-	Honey Waffle (219 Kcal) + Milk Egg Noodle (298 Kcal) Red Pork and Pork Ball (257 Kcal) Boiled Egg (75 Kcal) Radish Soup (40 Kcal) Fluffy Cupcake (78 Kcal) Banana (147 Kcal) + Milk	Vanilla Cake Roll (210 Kcal) + Milk Rice (130 Kcal) Sweet and Sour Chicken (144 Kcal) Omelet (153 Kcal) Pork Balls with Glass Noodles (200 Kcal) Cream Crackers (118 Kcal) Rose Apple (28 Kcal) + Milk	Glazed Donut (180 Kcal) + Milk Rice (130 Kcal) Grilled Pork with Gravy Sauce (375 Kcal) Scrambled Eggs (149 Kcal) Tofu and Seaweed Soup (40Kcal) Bread Stick (206 Kcal) Cantaloupe (34 Kcal) + Milk	Butter&Milk Sandwich (210 Kcal) + Milk Sausage Cheese Pizza (340 Kcal) Chicken Pop (150 Kcal) Scrambled Eggs (149 Kcal) Vegetables Soup (70 Kcal) Watermelon (30 Kcal) Pancake (227Kcal) + Milk
	BREAK					
WEEK 3	BREAK	14-Apr-68	15-Apr-68	16-Apr-68	17-Apr-68	18-Apr-68
	LUNCH	-OFF-	-OFF-	-OFF-	-OFF-	-OFF-
	BREAK					
WEEK 4	BREAK	21-Apr-68	22-Apr-68	23-Apr-68	24-Apr-68	25-Apr-68
	LUNCH	Butter Croissant (448 Kcal) Rice (130 Kcal) Fried Pork Balls (290 Kcal) Steamed Egg with Minced Shrimp (106 Kcal) Chinese Cabbage and Tofu Soup (90 Kcal) Apple (52 Kcal)	Strawberry Jam Sandwich (150 Kcal) + Milk Ramen (188 Kcal) Minced Chicken&Minced Shrimp Fish Balls Boiled Egg with Soy Sauce (75 Kcal) Sukiyaki Soup (40 Kcal) Watermelon (30 Kcal)	Pork dumplings (140 Kcal) + Milk Rice (130 Kcal) Baked Chicken with BBQ sauce (178 Kcal) Omelet (153 Kcal) Seaweed Egg Soup (45 Kcal) Mini Cookies and Cream (140 Kcal) Melon (46 Kcal) + Milk	Cream Bun (150 Kcal) + Milk Rice (130 Kcal) Stir-fried Sliced Pork with Onion (411 Kcal) Fried Egg (120 Kcal) Seaweed Enoki Mushroom and Tofu Soup (45 Guava (68 Kcal)	Kokoa Crunch (150 Kcal) + Milk Fish Burger (406 Kcal) Karaoke Chicken (238 Kcal) French Fries (218 Kcal) Corn Soup (207 Kcal) Cantaloupe (34 Kcal)
	BREAK	Mini Donuts (154 Kcal) + Milk	Crispy Butter Bread (185 Kcal) + Milk		Kola Marsh (91 Kcal) + Milk	Cheese Bread (65 Kcal) + Milk
WEEK 5	BREAK	28-Apr-68	29-Apr-68	30-Apr-68	1-May-68	2-May-68
	LUNCH	Banana cake (312 Kcal) + Milk Rice (130 Kcal) Hamburger Gravy Sauce (200 Kcal) Omelet (153 Kcal) Chicken and Potato Soup (140 Kcal) Dragon Fruit (66 Kcal)	Nutella sandwich (190 Kcal) + Milk Egg Noodles (298 Kcal) Stewed Pork / Pork Meatballs (220 Kcal) Boiled Egg (40 Kcal) Radish Soup (40 Kcal) Watermelon (30 Kcal)	Vanilla Roll (210 Kcal) + Milk Rice (130 Kcal) Korean Fried Chicken (273 Kcal) Fried Egg (120 Kcal) Miso Soup (40 Kcal) Pear (57 Kcal)		
	BREAK	Bear Crackers (52 Kcal) + Milk	Pancakes (227 Kcal) + Milk	Chocolate Wafer Stick (120 Kcal) + Milk		

Created 5 Aug, 2023							
Month	M	T	W	T	F	Date	Details
July '24	1	2	3	4	5	18	New Teacher Orientation Begins
	8	9	10	11	12	30	All Staff Orientation Begins
	15	16	17	18	19	22	Asanha Bucha 20, Buddhist Lent Day 21 - Substituted 22, 23 : School Closed
	22	23	24	25	26	29	King's Birthday 28 - Substituted 29 : School Closed
	29	30	31			31	Registration July 31 - August 2
Aug '24				1	2		
	5	6	7	8	9	6	First day of Academic Year
	12	13	14	15	16	12	Mother's Day 12 : School Closed
	19	20	21	22	23	9	ES - Parent Open Day 7AM - 9AM
	26	27	28	29	30	16	MS/HS - Parent Open Day 7AM - 9AM
Sep '24	2	3	4	5	6		
	9	10	11	12	13	16	Mid-Autumn Festival (observed) : School Closed
	16	17	18	19	20	19	Wai Kru Ceremony
	23	24	25	26	27		
	30						
Oct '24		1	2	3	4	10	Double Ten Day Ceremony
	7	8	9	10	11	11	End of Quarter 1 / Student Dismissal at 11:30 am
	14	15	16	17	18	14	King Rama9 Memorial Day 13 - Substituted 14 : School Closed
	21	22	23	24	25	12-20	October Break
	28	29	30	31		23	Chulalongkorn Day 23 : School Closed
Nov '24					1	Oct 25	Parent Teacher Conferences (No students)
	4	5	6	7	8		
	11	12	13	14	15	15	Loy Krathong Day
	18	19	20	21	22	25-27	Sports Day (25) ES; 26 (MS); 27 (HS)
	25	26	27	28	29		
Dec '24	2	3	4	5	6	4	Father's Day Ceremony
	9	10	11	12	13	5	Father's Day 5 : School Closed
	16	17	18	19	20	16	Christmas Break begins
	23	24	25	26	27		
	30	31					
Jan '25			1	2	3	6	PD Day (No Students)
	6	7	8	9	10	7	First Day Back from Christmas Break
	13	14	15	16	17	15	End of Quarter 2 and Semester 1 (91 days)
	20	21	22	23	24	24	CNY Celebration
	27	28	29	30	31	27-3	CNY Break : School Closed
Feb '25	3	4	5	6	7		
	10	11	12	13	14	12	MakaBucha Day 12 : School Closed
	17	18	19	20	21		
	24	25	26	27	28		
Mar '25	3	4	5	6	7		
	10	11	12	13	14	14	Parent Teacher Conferences
	17	18	19	20	21		
	24	25	26	27	28	28	End of Quarter 3 (44 days)
					29	PD Saturday (No Students)	
April '25		1	2	3	4		
	7	8	9	10	11	7	Chakri Day 6 - Substitute 7 : School Closed
	14	15	16	17	18	11	Songkran Celebration
	21	22	23	24	25	14-18	Songkran Holiday : School Closed
	28	29	30				
May '25				1	2		
	5	6	7	8	9	5	Coronation Day 4 - Substitute 5 : School Closed
	12	13	14	15	16	12	Visakha Bucha Day 11 - Substitute 12 : School Closed
	19	20	21	22	23		
	26	27	28	29	30		
June '25	2	3	4	5	6	3	Queen's Birthday 3 : School Closed
	9	10	11	12	13	6	High School Graduation
	16	17	18	19	20	12	End of the Year/Student Dismissal at 11:30 am (Semester 2 - 89 days)
	23	24	25	26	27	13	PD Day
	30					16	Summer School Begins
Jul '25		1	2	3	4		
	7	8	9	10	11	10	Asanha Bucha 10 : School Closed
	14	15	16	17	18	11	Buddhist Lent Day 11 : School Closed
	21	22	23	24	25		
	28	29	30			28	King's Birthday 28



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\* subject to Thai Govt

Holiday School/Office Closure
Work Day/ PD Day (Teachers but no students)
Half Days for Students
Conference Day (no students)
Summer School
Total Student Instruction Days 180
Q1: 47
Q2: 44
Q3: 44
Q4: 45