



# TCIS WEEKLY NEWS

February 2nd, 2025

Issue 1: Week #22



This Week's Cover: Chinese New Year 2025



## Important Dates and Upcoming Events

- **February 4:** All Teachers & Students Return to School
- **February 12 :** Makabucha Day : **School closed**
- **February 14:** Roses and Chocolates Day
- **February 19:** National Symphony Orchestra@gym 5

## Photos Upcoming TCIS Events

[Chinese New Year Photos](#)

February 5th: [100 Days of School](#)

## Admin Team Section

[Dr. Michael](#)

[School Director: Kru Rung](#)

[ECE & Elementary: Dr. James](#)

[High School: Mr. Kevin](#)

[Middle School: Mr. Richard](#)

[Business Manager: Ms. Apple](#)

## ECE

[PK2](#)

[PK3A](#)

[PK3B](#)

[PK4A](#)

[PK4B](#)

[KGA](#)

[KGB](#)

[Thai](#)

[Chinese](#)

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## Directory and Important Links

[Staff Contact List](#)

[Personal Data Protection Act \(PDPA\)](#)

[Important Links for Parents](#)

[Nurse Information](#)

[Link to February Menu Set](#)

[2024/2025 Calendar](#)

## February 2025 Calendar

	3	4	5	6	7		
Feb '25	10	11	12	13	14	12	MakaBucha Day 12 : School Closed
	17	18	19	20	21		
	24	25	26	27	28		

## Please Keep Sick Children Home From School

Stay Home with These Symptoms:

- High Fever
- Persistent coughing
- Diarrhea
- Vomiting
- Headache
- Stomach ache



Stay Home if Diagnosed with:

- Influenza
- Conjunctivitis (pink eye)
- Pneumonia
- Norovirus
- Human Metapneumovirus (hMPV)
- Hand-Foot-Mouth
- Respiratory Syncytial Virus (RSV)
- Any Contagious Disease/Illness

**Keeping a sick child at home will help them to recover and will protect other students at school**





Dear TCIS Family,

A huge thank you to everyone who participated in our spectacular Chinese New Year Celebration! The performances were absolutely incredible, showcasing the hard work, talent, and dedication of our students and staff. A special appreciation goes to Mr. Tony and the entire Chinese Department for their leadership in organizing such a meaningful event. Your efforts truly brought the spirit of the Lunar New Year to life!

We also want to give a special thank you to our amazing parents who joined us for the celebration and helped run the booths. Your support, enthusiasm, and generosity made the event even more memorable. The vibrant booths, delicious treats, and festive activities would not have been possible without you!

Additionally, we extend our gratitude to all the staff for their hard work throughout Semester 1. We hope everyone had a well-deserved break during the Chinese New Year holiday and returned refreshed and ready for the rest of the school year.

Now, we look forward to our next exciting event: the 100th Day of School Celebration! We invite everyone to join in the fun by dressing up to mark this special milestone. It will be a fantastic way to celebrate learning, growth, and community spirit at TCIS.

We had a very successful IBDP visit from our consultant. She was on campus for two days and she met with all stakeholders and was impressed with the work we have done to try to roll out IBDP in the fall of 2025. She gave us some items to work on and Ms. Jasmine, our Curriculum Coordinator, is working on these items. Ms. Jasmine has done a splendid job in preparation for the IB visit. More details will be shared later as we continue this process.

A heartfelt thank you to the TCIS Foundation Board for their generosity in giving Red Envelopes (Hongbao) to all students and staff. This thoughtful tradition brought so much joy and excitement to our community, making the celebration even more special. It was truly wonderful to see the smiles and happiness that this gesture created!

The beautiful flowers below are from Kru Rung's Chinese New Year visit to Khao Yai. It is to remind us of the beauty we have around us each and every day!

Finally, we want to inform you that the administration is currently working on updated AQI (Air Quality Index) protocols based on the latest Ministry requirements. These new guidelines will be shared with the community soon to ensure the health and safety of our students and staff. Thank you again for making our school such a vibrant and joyful place to learn and grow!

Regards,  
Dr. Michael

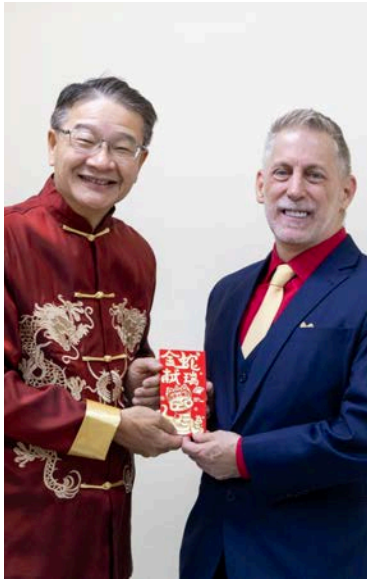


Chinese New Year Board & Guests



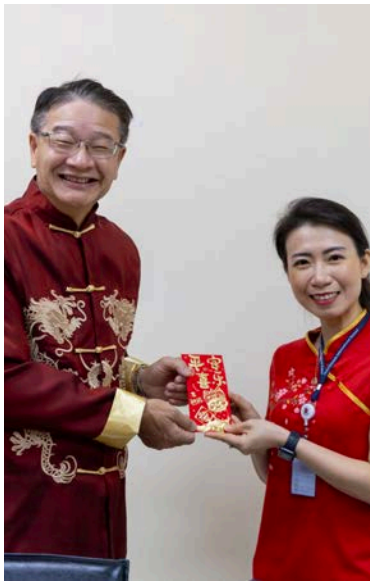


Chinese New Year Red Envelope from Board





Chinese New Year Red Envelopes from Foundation Board







Dear TCIS Family,

### ROTC Training Camp Visit – A Memorable Experience

On January 25th, 2025, **Dr. Michael** and I had the opportunity to visit our ROTC students at Khao Chon Kai Training Camp in Kanchanaburi. It was a long journey, but it was truly rewarding to see our students learning and gaining hands-on experience in a real field environment.

To support and encourage them, we bought donuts not only for our students but also for all the students from other schools at the camp. A special thank you to **Ms. Kaed** for her generous support and to the parents who generously contributed to making this possible. Your kindness and generosity mean so much to our students and their journey of learning beyond the classroom. [ROTC Photos](#)

### Chinese New Year

I want to extend my heartfelt appreciation to the Chinese Department, led by **Mr. Tony**, for their exceptional efforts in organizing the Chinese New Year celebration at TCIS. The performances from every division were nothing short of a visual, cultural, and artistic showcase, highlighting the incredible dedication and hard work that students and teachers invested over the past months. Their commitment truly shone through, making the event a memorable experience.

This celebration was also a reflection of the strength of our community. I would like to sincerely thank the parents, students, and staff for their incredible efforts in organizing their respective booths and contributing to the success of the event. These cultural moments allow us to both honor our traditions and celebrate the unity that makes our community so special. [Chinese New Year Photos](#)

### Makha Bucha Day - No School

There will be no school on **Tuesday, February 12th, 2025**, in honor of Makha Bucha Day. This important day is considered one of the most sacred in the Buddhist calendar and provides an opportunity for spiritual reflection.

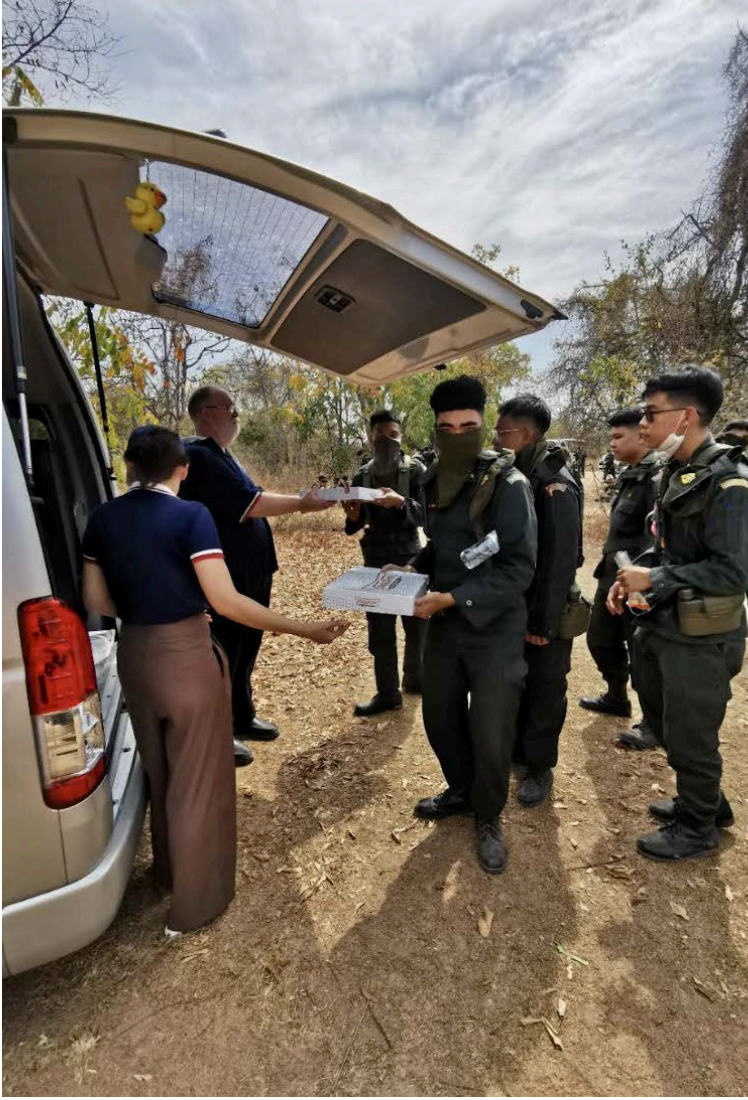
Regards,

Kru Rung





Kru Rung's Photos: ROTC





Kru Rung's Photos: Chinese New Year







Dear TCIS Family

### Chinese New Year

A huge thank you to **Mr. Tony** and the entire Chinese Team from all divisions for their incredible effort in organizing this year's TCIS Chinese New Year event. As a school, we continue to grow and improve, and this year's Chinese New Year celebration was the best we have had.

Our teachers went above and beyond, choreographing beautiful cultural dances and performances, and spent up to two months rehearsing with our students. Their dedication and excitement was on full display. We are all very fortunate to have been part of this incredible experience.

A big shoutout to our secondary MCs - **Audrey, Bella, and Yumi** - for their exceptional work. They delivered with beautiful clarity, professionalism, and confidence. I also want to express our gratitude to the staff for their tireless efforts in preparing the campus and ensuring everything ran smoothly.

Thank you to our amazing parents. Their involvement (whether running booths, viewing the performances, or participating in the day's events as members of our special community) was truly inspiring and made the day even more special.

As we come back from the Chinese New Year break, I hope that everyone had a safe holiday. Thank you once again for your continued support and for entrusting us with the privilege of caring for and guiding your children.

### Back to School - **Tuesday, February 4th, 2025**

I hope that everyone had a great break for Chinese New Year. A reminder that there is no school on Monday. We return to school on **Tuesday, February 4th, 2025**.

### 100 Days of School 🎉 100 🎉

On **Wednesday, February 5th, 2025**, we will be celebrating the 100th Day of School! To celebrate, we will have a non-uniform day, and students are encouraged to wear clothes that are decorated with 100. Students can be very creative in making their fun, fun, fun 100 Days of School clothes. There will be prizes for the best outfits! [100 Days of School Poster](#)

Kind regards,  
Dr. James









Dr. James Photos: Chinese New Year Dragon Dance 2





Dr. James Photos: Chinese New Year













Dr. James Photos: Chinese New Year Audience





















Dr. James Photos: Chinese New Year Performances 5



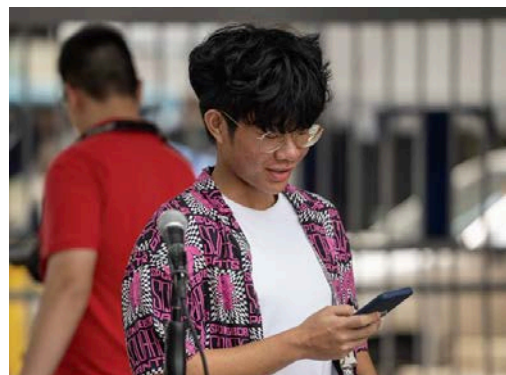


Dr. James Photos: Chinese New Year Booths





Dr. James Photos: Chinese New Year Booths and Music





Happy  
100th  
Day  
of School!

Wednesday, February 5th

Represent **100** for your outfit on February 5th!



No weapons, props or masks please!

Students from each grade with the best 100th Day outfit get a special prize!





Dear TCIS Families,

I would like to wish all of the TCIS families a Happy Chinese New Year! I hope all of you have a healthy and prosperous year of the snake. Hopefully you are also enjoying some holiday time with family and friends.

At TCIS, we had an amazing celebration to bring in the Lunar New Year with performances, booths, food and games. It was great to see the TCIS community of students, parents and staff come together to make such an amazing event possible. I would like to give a special thanks to Mr. Tony and the Chinese Department for all their hard work in coordinating the event. Well done!

After the break we have a number of events to look forward to in the high school. Check out below what is coming up:

**Upcoming Events**

- February 11: High School Dance
- February 12: Maka Bucha : School closed
- February 14: Roses and Chocolates Day
- February 19: National Symphony Orchestra@gym 5
- February 26: Parents Coffee @360 (Chinese Summer camp & University) by Mr. Tony
- February 28: UBC Visit, 8:30-9:15 @ 360 ( Interested HS students)



Best wishes for the Lunar New Year!

Kevin Curran  
Head of High School





## Mr. Richard's Message



Dear Middle School Parents,

Chinese New Year break has arrived. I would like to take this opportunity to extend my warmest wishes to you and your family. This festive season is a time for joy, renewal, and togetherness, and we hope it brings your family an abundance of happiness, health, and prosperity in the Year of the Snake!

[Chinese New Year Highlight Video](#)



**As a reminder, we will return to school on Tuesday, February 04.**

During the break, students are encouraged to balance their time between rest, family celebrations, and any assigned holiday tasks. Please remind them to complete [specific homework or projects]. Please encourage your child to read for at least 30 minutes every day.

On Friday, students, teachers, and families enjoyed amazing performances. Each grade had a special show that left everyone cheering and clapping. Students and teachers spent a lot of time and effort preparing and decorating, and cultural lessons to celebrate the spirit of Chinese New Year. At TCIS, we take pride in celebrating cultural traditions that bring our community closer. We encourage our students to embrace the values of kindness, generosity, and gratitude during this festive time.

As we return after the break, we will focus on making progress on semester 2 units. Grade 8 students will be leaving a presentation for high school admin and their parents on their future plans. In March, we will have our annual middle school speech contest, so students must start preparing.

If you are traveling during the break, please consider students wearing a mask, washing their hands frequently, and using appropriate hygiene to limit their exposure to viruses and bacteria. Before returning to school, please ensure your child is not showing any symptoms. They should remain at home if they are. Please stay safe and healthy.

Thank you for your continued support, and may this Chinese New Year bring success and joy to your family.

Richard E. Poulin III  
Head of Middle School  
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Secretary: Ms. Ooy

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Chinese New Year 2025





Chinese New Year 2025









# Chinese New Year 2025





Please welcome Kate and her family to the TCIS community. The Grade 8 students helped Kate learn about our school. Also, Gawin and Jasmine traveled with Kru Rung and Mr. Rich to Chulalongkorn Hospital to donate our Terry Fox funds.





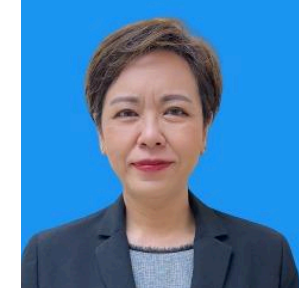
Business Manager: Ms. Apple

Dear TCIS Family

### Chinese New Year

Happy Chinese New Year to all TCIS Family. I wish you and your family health, wealth and endless happiness.

A big thank you to **Mr. Tony** and the entire Chinese Department for their exceptional creativity, organization and commitment to make the Chinese New Year event stupendous. Behind the stunning stage lighting and effects, the IT department undertook a complete upgrade of the stage light system to make this year's celebration the most spectacular. A huge thank you to all the IT staff for their hard work and dedication in ensuring the upgrade was completed in time for this big event. [Chinese New Year Photos](#)



### Campus Preparation

To ensure the school is ready for reopening after the Chinese New Year break and to reassure parents of our commitment to student safety and campus cleanliness, our GA department has been working diligently throughout the holiday. During this time, the student desks and chairs, classroom floor have been disinfected. All the toys in the ECE classroom have been thoroughly clean. All light bulbs at the swimming pool have been replaced in preparation for the upcoming swimming lessons. Mosquito spray has been done during this week. Thank you to **Ms. Aomjai** and Mr. Joe for organizing all of these during the break. [Campus Preparation Photos](#)

### Samut Prakan Provincial Police Department Visit - [Photos](#)

On January 30th, 2025 **Mr. Frank**, **Ms. Carol**, and I visited the Samut Prakan Provincial Police Department to have a meeting with the commander, Pol.Maj.Gen. Wichit Boonchinvutthikul about the possibility of opening an additional u-turn on Kingkaew road in order to help traffic for all the TCIS parents. If approved, this should improve traveling to the campus.

Regards,  
Ms. Apple  
Business Manager





Ms. Apple's Photos: Samut Prakan Provincial Police Department Visit





Ms. Apple's Photos: Chinese New Year





Ms. Apple's Photos: Campus Preparation and Cleaning







# TCIS CHILD SAFEGUARDING TEAM

safe@tcis.ac.th



**KRU RUNG**  
THAI DIRECTOR  
CHILD SAFEGUARD LEAD



DR. MICHAEL



MR. TONY



DR. JAMES



MR. RICHARD



MR. KEVIN



MS. JUANITA



MS. ANITA



DR. MIHO

Who can I talk to if I need help?  
[www.tcis.ac.th/child-safeguarding](http://www.tcis.ac.th/child-safeguarding)

## Our Schoolwide Learning Outcomes are part of everything we do at TCIS



**SCHOOLWIDE  
LEARNER  
OUTCOMES**

**INDEPENDENT  
LIFELONG  
LEARNERS**



**EFFECTIVE  
COMMUNICATORS**

**COMPLEX  
THINKERS**



**COLLABORATIVE  
WORKERS**



**GLOBAL  
PARTICIPANTS**







Dear Parents,

As we begin the second semester, it is heartening to see the remarkable growth and development among the PK4 students. They are now more confident, showing an eagerness to learn and engage with their peers and teachers. PK4 students demonstrate growing independence in following routines and participating in classroom activities. They enthusiastically take part in hands-on learning, including painting, singing, dancing, and counting. Their ability to explore and express their creativity through various activities, such as mixing colors, building with blocks, and role-playing, has improved significantly. Additionally, their social skills have advanced as they share toys, take turns, and converse with friends during playtime. This newfound confidence is also reflected in their willingness to try new tasks and tackle challenges with determination. As we move into this next phase of the school year, I am excited to see them take even bigger steps in their learning journey, deepening their curiosity and expanding their skills further.











Dear Parents,  
This week, we explored the fascinating world of animals and their habitats! The children loved learning about environments like jungles, savannas, the Arctic, and underwater reefs. Each child could name their favorite animal and seeing their imaginations come alive as they pretended to *be* their chosen animal was heartwarming. We had roaring lions, graceful dolphins, wise owls, playful monkeys, and even a waddling penguin! They discovered fun animal facts through songs and stories and practiced empathy by imagining life as their chosen creature. Their curiosity and excitement for learning continue to grow each day!















Dear Parents,  
This month, we and the students are very excited about the upcoming Lunar New Year. To help the students learn more about Chinese traditional culture, we made Spring Festival couplets and practiced calligraphy together. The students truly enjoyed these meaningful cultural activities.  
We wish you a happy Lunar New Year in advance!



















Dear Parents,

PK4 students have been working hard and staying busy! They had a wonderful time participating in the Terry Fox Run and raised funds for a great cause, which is truly amazing. Many students have told me they would love to run again! In the classroom, they have been reading books and reciting poems. They've impressed me with their ability to read many high-frequency words. They are also learning to read numbers as words by identifying letter sounds, and they understand that "one" is a tricky word because it can't be sounded out. Well done, PK4 students! Keep up the great work!















Dear Parents, ,  
Our PK4 students have been working hard to prepare for the upcoming Chinese New Year celebration! They will perform two festive songs, **“Gong Xi Fa Cai”** and **“Kung Fu Dance.”** The children are doing an amazing job, and we warmly invite all parents to join us and cheer for their wonderful performances!  
In addition, we’ve also had some fun craft activities to celebrate the New Year. The children made beautiful “Spring” character cut outs and created a cute snake to honor the Year of the Snake. These projects show their creativity and their excitement to learn about Chinese traditions.  
We look forward to celebrating this special occasion with you. Happy Chinese New Year to all!















Dear Parents,

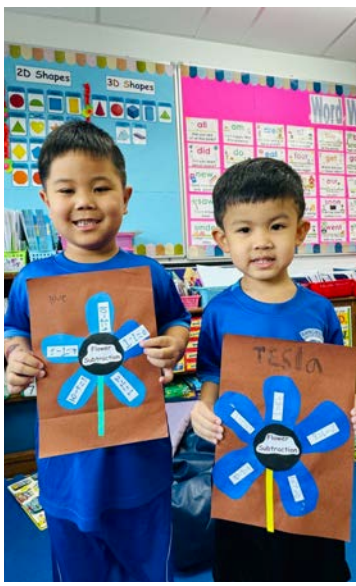
Our kindergarteners are making amazing strides in math as they explore subtraction! By learning to "take away" and find how many are left, they're building a strong foundation for future problem-solving. Using colorful cubes, pictures, songs, chants, and real-life objects, students solve subtraction sentences and confidently use the "=" symbol. These hands-on activities help them count, compare, and write equations while fostering a love for learning math. Subtraction isn't just about numbers—it's a skill they'll use for life! Way to go, kindergarteners—you're math superstars in the making!



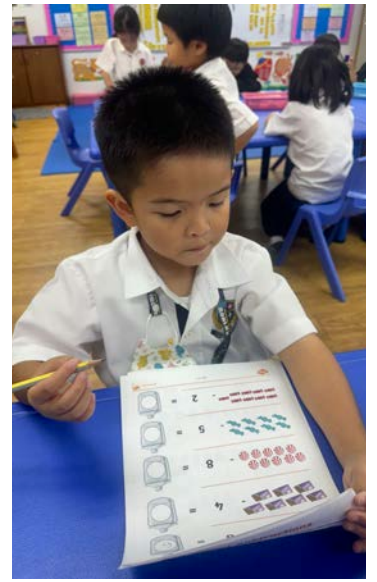
















Dear Parents,

The kindergarten students have just returned from the Christmas holiday, and it's wonderful to see that everyone has retained what they've learned. It's also clear that they've grown so much! Now, as we prepare for the upcoming Lunar New Year, we'll be sharing stories related to the holiday and creating crafts to celebrate the Year of the Snake. We'll also be singing New Year songs, and we hope everyone will have a joyful and safe start to the new year!











Dear Parents,

PK4 students learned the Thai letter “ถ” which means bag. In addition to practicing reading and writing, the students also colored words with “ถ”, cut and pasted them onto the big “ถ”. Everyone did it correctly. Good job!

I would like to take this opportunity to wish all students and parents a Happy Chinese New Year. May you all be happy and healthy!



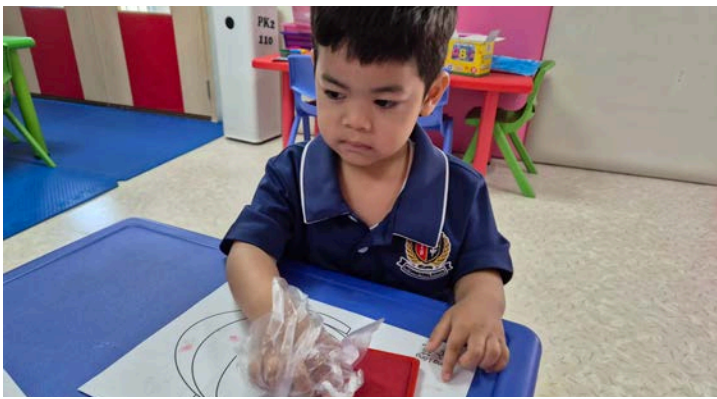




Dear Parents,

It has been such a joy spending time with the PK2 children for lessons and play! Over the last two weeks, we reviewed some of the Chinese we learned before, sang songs, and learned new words like "cold" (冷) and "hot" (熱). The class also enjoyed singing *London Bridge Is Falling Down* in Chinese—倫敦鐵橋垮下來 and building strong bridges with tape—it was so much fun! These lessons helped the children learn Chinese and grow in many ways.

Next, we will keep doing some simple crafts and learning about the festival for the Chinese New Year. Wishing you all a happy and wonderful Year of the Snake!







Dear Parents,

Last week TCIS held their first ever Terry Fox Run. This run is all about keeping Terry Fox's dream alive of beating cancer. Students had a month to fundraise as much money as they could to donate to cancer research. Then the students had to run around our track similar to how Terry Fox tried to run across Canada. The TCIS community showed up in a big way and absolutely crushed our goal of raising 100,000THB. I am happy to announce that as a community we raised 250,000THB!

Go Wolves!





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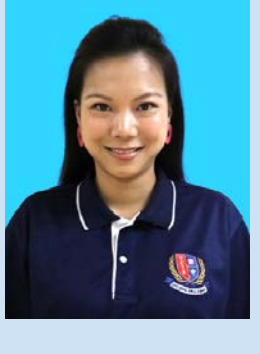
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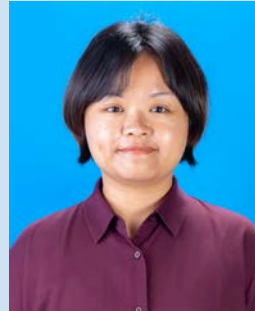
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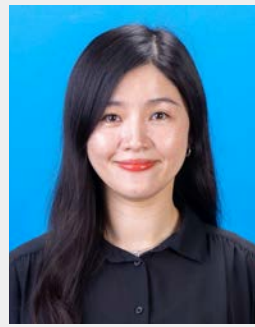
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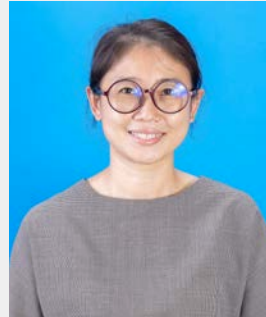
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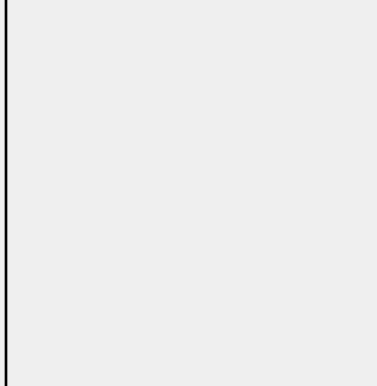
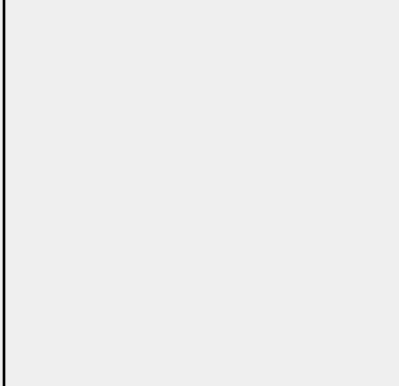
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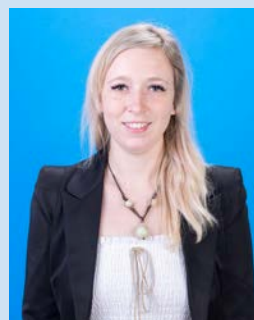


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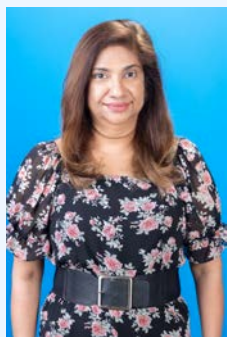
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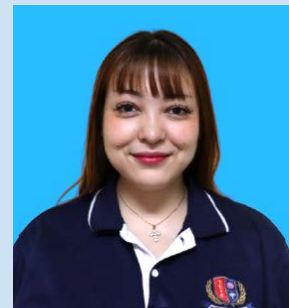
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## The Thailand Personal Data Protection Act (PDPA)

- The **Personal Data Protection Act B.E. 2562 (2019) (PDPA)** was published on 27 May 2019 in Thailand's Government Gazette.  
([English](#), [Thai](#))
- The PDPA is under the supervision of the Ministry of Digital Economy and Society and the main supervising authority of the PDPA is the Office of Data Protection Committee (Office).
- School is the "Data Controller" means a person or juristic person having decision-making on the collection, use, or disclosure of personal information (PDPA Section 6).

Personal Data	Sensitive Data
Any information relating to a natural person, which enables the identification of such person, whether directly or indirectly, but not including information of deceased persons.	Any personal data pertaining to: <ul style="list-style-type: none"><li>● racial or ethnic origin</li><li>● political opinions</li><li>● religious or philosophical beliefs</li><li>● sexual behavior</li><li>● criminal records</li><li>● health data, disability</li><li>● trade union information</li><li>● genetic data, biometric data, or any data which may affect the data subject in the same manner as to be prescribed by the PDPC.</li></ul>

In essence, the PDPA is designed to protect a data owner from the unauthorized or unlawful collection, use, or disclosure and processing of their personal data. As with Europe's GDPR, for example, websites will have to include simple and straightforward language, and receive clear consent from each user, before (or at the time of) collecting such data, using it in any way, or passing it along to third parties.

Another key aspect under the PDPA is the requirement to inform the data subject of (i) how their personal data will be used by the data controller, (ii) whether personal data will be disclosed to a third party, and (iii) of the data subject's rights to their personal data. This must be done at the time the personal data is being collected from the data subject.

The rights of data owners under the PDPA include the following:

- Right to be informed
- Right to access
- Right to data portability
- Right to object
- Right to erasure/ right to be forgotten
- Right to restrict of processing
- Right to rectify

Even foreign entities will need to follow the rules spelled out in the PDPA, as long as they deal with any activities that are related to the processing of personal data such as offering of goods and services or monitoring of users' online behavior, from users who are based in Thailand.

There are both criminal and civil liabilities for breaches of personal data privacy. For instance, the collection, use or disclosure of sensitive personal data illegally is liable to a fine of five million baht on conviction. Collection, use or



disclosure of general personal data without a legal basis is liable to a three million baht fine on conviction, and failing to get consent from data's owner or refusing the data's owner access to their personal data is liable to a one million baht fine on conviction.

If the unauthorized use or disclosure of personal data causes damage to other people or subjects other people to hate, shame or contempt, violators may face six months in prison and/or a fine of 500,000 baht on conviction.

Please see the school website for current [PDPA](#) information.

<https://www.tcis.ac.th/pdpa>

## Important Links for Parents

[2024-25 Parent Student Handbook](#)

[TCIS Yearbook 2023-24](#)

## Nurse: School Health Services

The Nurse Clinic is a spacious and well staffed facility at TCIS that can accommodate several students at any given time of the day. The Nurse Clinic is open daily from 7:00 a.m. to 4:00 p.m. The clinic is located on the ground floor next to the storeroom and staffed by a registered nurse and one nurse's aid. The clinic treats all minor injuries occurring at school. The athletics program has a school nurse who works until the sports games finish.

The clinic stays in touch with the Ministry of Public Health to keep abreast of health notifications. Current vaccination information is sent out to parents for their information and written consent. Students in grade 1 thru grade 6 may get some vaccinations from our nurse according to the Thai Ministry of Public Health. Records of previous vaccinations are kept on file with the school nurse.

A worldwide, comprehensive (24-hour) accident insurance coverage is provided for all students up to 60,000 baht yearly.

**Nurse Arisara Suktrakool (Yok)**

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**Phone 02-751-1201 ext. 220**



# THAI - CHINESE INTERNATIONAL SCHOOL

MENU : FEBRUARY 2025

	MONDAY 27 Jan 68	TUESDAY 28-Jan-68	WEDNESDAY 29-Jan-68	THURSDAY 30-Jan-68	FRIDAY 31-Jan-68
WEEK 1	BREAK LUNCH BREAK	BREAK LUNCH BREAK	BREAK LUNCH BREAK	BREAK LUNCH BREAK	BREAK LUNCH BREAK
WEEK 2	3-Feb-68	4-Feb-68 ขนมปังไส้กรอก (348 Kcal) + นม ข้าวสวย (130 Kcal) โก๋ทอด (245 Kcal) ไข่ลวก (155 Kcal) แกงจืดเต้าหู้ (76 Kcal) กล้วยหอม (120 Kcal) แพนเค้ก (227Kcal) + นม	5-Feb-68 เค้กไข่ได้หั่น (185 Kcal) + นม บะหมี่ (298 Kcal) หมสับ/ลูกชิ้นปลา (209 Kcal) ไข่ต้ม (75 Kcal) ซบหัวไชเท้า (22 Kcal) ซมพ (28 Kcal) แครกเกอร์รสนม (52 Kcal) + นม	6-Feb-68 เค้กกล้วยหอม (312 Kcal) + นม ข้าวผัดคนเขียง (319 Kcal) หมสับผัดซีอิ้ว (205 Kcal) ไข่เจียว (153 Kcal) ซบฟักเขียว (22 Kcal) สาเล่ (57 Kcal) วาฟเฟิล (46 Kcal) + นม	7-Feb-68 แซนวิชเนยถั่ว (190 Kcal) + นม สปาเก็ตตี้ (158 Kcal) ซอสมะเขือเทศโกสึบ (277 Kcal) เตี๊ยะทอด (218 Kcal) ไข่คน (149 Kcal) เมล่อน (52 Kcal) ขนมปังเนยกรอบ (185 Kcal) + นม
WEEK 3	10-Feb-68 แซนวิชแฮมสตอเบอร์รี่ (150 Kcal) ข้าวสวย (130 Kcal) หมทงคตลี (411 Kcal) ไข่ต้ม (197Kcal) ซบสหายวากาเมะเห็ดเข็มทอง โดนัท โฉมใจเกย์ (133 Kcal) องุ่นไร้เมล็ด (67 Kcal) + นม	11-Feb-68 คัพเค้กนิลา (200 Kcal) + นม ข้าวสวย (130 Kcal) กระเพราไก่ไม่พริก (286 Kcal) ไข่ดาว (120 Kcal) แกงจืดผักกาดขาวเต้าหู้ (90 Kcal) โกโก้คุกกี้ (150 Kcal) แอปเปิ้ล (220 Kcal) + นม	12-Feb-68	13-Feb-68 แซนวิชไส้กรอก (270 Kcal) + นม ข้าวผัดผัดสามสี (156 Kcal) ไก่ย่างซอสเทรียก (155 Kcal) ไข่คน (149 Kcal) แกงจืดใส่สหายวากาเมะเต้าหู้ (200 Kcal) ส้ม (47 Kcal) แพนเค้ก (227Kcal) + นม	14-Feb-68 มินิโดนัท (154 Kcal) + นม พิซซ่าแฮม&ปอ๊อด (216 Kcal) น้กเกิด (145 Kcal) ไข่ดาว (120 Kcal) ซบข้าวโพด (207 Kcal) แคนตาลูป (34 Kcal) แครกเกอร์ครีม (118 Kcal) + นม
WEEK 4	17-Feb-68 บราวน์ (466 Kcal)+ นม ข้าวสวย (130 Kcal) กระเพราหมสับไม่พริก (314 Kcal) ไข่ต้ม (110 Kcal) ซบพะโล้ (200 Kcal) เมล่อน (46 Kcal) นมปังเนยกรอบ (185 Kcal) + นม	18-Feb-68 โดนัทเกลซ (180 Kcal)+ นม ข้าวสวย (130 Kcal) ไก่เทรียก (210 Kcal) ไข่ต้ม (197 Kcal) ซบสหายวากาเมะเต้าหู้ (45 Kcal) แตงโม (30 Kcal) โคอาล่ามาร์ช (91 Kcal) + นม	19-Feb-68 แซนวิชแฮมชีส (120 Kcal) + นม ยาคิโซบะ (400 Kcal) หมสับ (185 Kcal) ไข่ดาว (120 Kcal) ซบมิโซะ (40 Kcal) ส้ม (54 Kcal) มัทพีพันนิลา (176 Kcal) + นม	20-Feb-68 แซนวิชเนยนม (210 Kcal) + นม ข้าวมันไก่ (155 Kcal) โกโก้ (146 Kcal) ไข่ต้ม (75 Kcal) ซบฟักเขียว (190 Kcal) กล้วยหอม (120 Kcal) เวเฟอร์ช็อกโกแลต (208 Kcal) + นม	21-Feb-68 โกโก้คุกกี้ (150 Kcal) + นม ข้าวสวย (130 Kcal) แฮมเบอร์เกอร์ (277 Kcal) ไข่เจียว (153.7 Kcal) ซบโกโก้ฝรั่ง (140 Kcal) ขนมปังกระเทียม (295 Kcal) ซมพ (28 Kcal) + นม
WEEK 5	24-Feb-68 คัพเค้กนิลา (200 Kcal) + นม ข้าวสวย (130 Kcal) หมสับซอสเกาหลี (411 Kcal) ไข่เจียว (153.7 Kcal) ซบฟักเขียวหมสับ (72 Kcal) แพนเค้ก (227 Kcal) แอปเปิ้ล (52 Kcal) + นม	25-Feb-68 มินิครัวซองต์ (448 Kcal) + นม ข้าวสวย (130 Kcal) หมสับหอมใหญ่ (265 Kcal) ไข่ต้ม (72 Kcal) ต้มจืดเต้าหู้ผัดสามสี (90 Kcal) วันน่าแดง (120 Kcal) เมล่อน (46 Kcal) + นม	26-Feb-68 ซาลาเปาไส้ครีม (150 Kcal)+นม ราเมง (188 Kcal) หมสับ/คามาโบโกะ (209 Kcal) ซบต้มซีอิ้ว (75 Kcal) ซบนำดำ (40 Kcal) แตงโม (30 Kcal) ทาร์ตผลไม้มัน (91 Kcal) + นม	27-Feb-68 เค้กช็อกโกแลต (275 Kcal) + นม ข้าวผัดอเมริกัน (389 Kcal) น่องไก่ทอด (298 Kcal) ไข่ดาว (120 Kcal) แกงจืดผักกาดขาวเต้าหู้ (90 Kcal) แคนตาลูป (34 Kcal) มินิคุกกี้แอนด์ครีม (140 Kcal) + นม	28-Feb-68 แซนวิชเนยถั่ว (190 Kcal) + นม เบอร์เกอร์หอม (270 Kcal) เฟรนช์ฟราย&ปลาชบแบ่งทอด ไข่คน (149 Kcal) ซบฟักทอง (212 Kcal) แครกเกอร์ครีม (118 Kcal) องุ่นไร้เมล็ด (67 Kcal) + นม



# THAI - CHINESE INTERNATIONAL SCHOOL

MENU : FEBRUARY 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>27 Jan 68</b>	<b>28-Jan-68</b>	<b>29-Jan-68</b>	<b>30-Jan-68</b>	<b>31-Jan-68</b>
<b>WEEK 1</b>	BREAK LUNCH BREAK				
	<b>3-Feb-68</b>	<b>4-Feb-68</b>	<b>5-Feb-68</b>	<b>6-Feb-68</b>	<b>7-Feb-68</b>
<b>WEEK 2</b>	BREAK LUNCH BREAK	Sausage Bread (348 Kcal) + Milk Rice (130 Kcal) Fried Chicken (245 Kcal) Son-in-law's Egg (155 Kcal) Tofu Soup (76 Kcal) Banana (120 Kcal) Pancake (227 Kcal) + Milk	Taiwanese Egg Cake (185 Kcal) + Milk Egg Noodles (298 Kcal) Minced Pork / Fish Balls (209 Kcal) Boiled Egg (75 Kcal) Radish Soup (22 Kcal) Rose Apple (28 Kcal) Milk Crackers (52 Kcal) + Milk	Banana Cake (312 Kcal) + Milk Fried Rice with Chinese Sausage (319) Stir-Fried Minced Pork with Soy Sauce Omelet (153 Kcal) Hatch Soup (22 Kcal) Pear (57 Kcal) Butter Waffle (46 Kcal)+ Milk	Nutella Sandwich (190 Kcal) + Milk Spaghetti (158 Kcal) Minced Chicken Tomato Sauce (277 Kcal) Fried Mushrooms (218 Kcal) Scrambled Eggs (149 Kcal) Melon (52 Kcal) Crispy Butter Bread (185 Kcal) + Milk
	<b>10-Feb-68</b>	<b>11-Feb-68</b>	<b>12-Feb-68</b>	<b>13-Feb-68</b>	<b>14-Feb-68</b>
<b>WEEK 3</b>	BREAK LUNCH BREAK	Vanilla Cupcakes (200 Kcal) + Milk Rice (130 Kcal) Chicken with Basil No Chili (286 Kcal) Fried Egg (120 Kcal) Chinese Cabbage and Tofu Soup (90) Cocoa Crunch (150 Kcal) Apple (220 Kcal) + Milk		Sausage Sandwich (270 Kcal) + Milk Fried Rice (156 Kcal) Grilled Chicken with Teriyaki Sauce Scrambled Eggs (149 Kcal) Tofu Seaweed Egg Soup (200 Kcal) Orange (47 Kcal) Pancake (227 Kcal) + Milk	Mini Donut (154 Kcal) + Milk Ham & Crab Stick Pizza (216 Kcal) Nuggets (145 Kcal) Fried Egg (120 Kcal) Corn Soup (207 Kcal) Cantaloupe (34 Kcal) Cream Crackers (118 Kcal) + Milk
	<b>17-Feb-68</b>	<b>18-Feb-68</b>	<b>19-Feb-68</b>	<b>20-Feb-68</b>	<b>21-Feb-68</b>
<b>WEEK 4</b>	BREAK LUNCH BREAK	Donut Glaze (180 Kcal)+ Milk Rice (130 Kcal) Teriyaki Chicken (210 Kcal) Egg Rolls (197 Kcal) Wakame Seaweed and Tofu Soup (45) Watermelon (30 Kcal) Koala Marsh (91 Kcal) + Milk	Ham&Cheese Sandwich (120 Kcal) + Milk Yakisoba (400 Kcal) Minced Pork (185 Kcal) Fried Egg (120 Kcal) Miso Soup (40 Kcal) Orange (54 Kcal) Vanilla Muffin (176 Kcal) + Milk	Milk Butter Sandwich (210 Kcal) + Milk Steamed Rice (155 Kcal) Boiled Chicken (146 Kcal) Boiled Egg (75 Kcal) Hatch Soup (22 Kcal) Banana (120 Kcal) Chocolate Wafers (208 Kcal) + Milk	Cocoa Crunch (150 Kcal) + Milk Rice (130 Kcal) Hamburg Gravy Sauce (277 Kcal) Omelet (153.7 Kcal) Chicken Potato Soup (140 Kcal) Garlic Bread (295 Kcal) Rose Apple (28 Kcal) + Milk
	<b>24-Feb-68</b>	<b>25-Feb-68</b>	<b>26-Feb-68</b>	<b>27-Feb-68</b>	<b>28-Feb-68</b>
<b>WEEK 5</b>	BREAK LUNCH BREAK	Mini Croissant (448 Kcal) + Milk Rice (130 Kcal) Stir-Fried Pork with Onions (265 Kcal) Steamed Eggs (72 Kcal) Tofu & Mixed Vegetables Soup (90) Red Jelly (120 Kcal) Melon (46 Kcal) + Milk	Cream Bun (150 Kcal) + Milk Ramen (188 Kcal) Minced Pork / Kamaboko (209 Kcal) Boiled Egg with Soy Sauce (75 Kcal) Sukiyaky Soup (40 Kcal) Watermelon (30 Kcal) Fruit Tart (91 Kcal) + Milk	Chocolate Cake (275 Kcal) + Milk American Fried Rice (389 Kcal) Fried Chicken (298 Kcal) Fried Egg (120 Kcal) Chinese Cabbage and Tofu Soup (90 Kcal) Cantaloupe (34 Kcal) Mini Cookies & Cream (140 Kcal) + Milk	Nutella Sandwich (190 Kcal) + Milk Pork Burger (270 Kcal) Fish&Chip (260 Kcal) Scrambled Eggs (149 Kcal) Pumpkin Soup (212 Kcal) Cream Crackers (118 Kcal) Grapes (67 Kcal) + Milk



Created 5 Aug, 2023							
Month	M	T	W	T	F	Date	Details
July '24	1	2	3	4	5	18	New Teacher Orientation Begins
	8	9	10	11	12	30	All Staff Orientation Begins
	15	16	17	18	19	22	Asanha Bucha 20, Buddhist Lent Day 21 - Substituted 22, 23 : School Closed
	22	23	24	25	26	29	King's Birthday 28 - Substituted 29 : School Closed
	29	30	31			31	Registration July 31 - August 2
Aug '24				1	2		
	5	6	7	8	9	6	First day of Academic Year
	12	13	14	15	16	12	Mother's Day 12 : School Closed
	19	20	21	22	23	9	ES - Parent Open Day 7AM - 9AM
	26	27	28	29	30	16	MS/HS - Parent Open Day 7AM - 9AM
Sep '24	2	3	4	5	6		
	9	10	11	12	13	16	Mid-Autumn Festival (observed) : School Closed
	16	17	18	19	20	19	Wai Kru Ceremony
	23	24	25	26	27		
	30						
Oct '24		1	2	3	4	10	Double Ten Day Ceremony
	7	8	9	10	11	11	End of Quarter 1 / Student Dismissal at 11:30 am
	14	15	16	17	18	14	King Rama9 Memorial Day 13 - Substituted 14 : School Closed
	21	22	23	24	25	12-20	October Break
	28	29	30	31		23	Chulalongkorn Day 23 : School Closed
Nov '24					1	Oct 25	Parent Teacher Conferences (No students)
	4	5	6	7	8		
	11	12	13	14	15	15	Loy Krathong Day
	18	19	20	21	22	25-27	Sports Day (25) ES; 26 (MS); 27 (HS)
	25	26	27	28	29		
Dec '24	2	3	4	5	6	4	Father's Day Ceremony
	9	10	11	12	13	5	Father's Day 5 : School Closed
	16	17	18	19	20	16	Christmas Break begins
	23	24	25	26	27		
	30	31					
Jan '25			1	2	3	6	PD Day (No Students)
	6	7	8	9	10	7	First Day Back from Christmas Break
	13	14	15	16	17	15	End of Quarter 2 and Semester 1 (91 days)
	20	21	22	23	24	24	CNY Celebration
	27	28	29	30	31	27-3	CNY Break : School Closed
Feb '25	3	4	5	6	7		
	10	11	12	13	14	12	MakaBucha Day 12 : School Closed
	17	18	19	20	21		
	24	25	26	27	28		
Mar '25	3	4	5	6	7		
	10	11	12	13	14	14	Parent Teacher Conferences
	17	18	19	20	21		
	24	25	26	27	28	28	End of Quarter 3 (44 days)
					29	PD Saturday (No Students)	
April '25		1	2	3	4		
	7	8	9	10	11	7	Chakri Day 6 - Substitute 7 : School Closed
	14	15	16	17	18	11	Songkran Celebration
	21	22	23	24	25	14-18	Songkran Holiday : School Closed
May '25	28	29	30				
				1	2		
	5	6	7	8	9	5	Coronation Day 4 - Substitute 5 : School Closed
	12	13	14	15	16	12	Visakha Bucha Day 11 - Substitute 12 : School Closed
	19	20	21	22	23		
June '25	26	27	28	29	30		
	2	3	4	5	6	3	Queen's Birthday 3 : School Closed
	9	10	11	12	13	6	High School Graduation
	16	17	18	19	20	12	End of the Year/Student Dismissal at 11:30 am (Semester 2 - 89 days)
	23	24	25	26	27	13	PD Day
					16	Summer School Begins	
Jul '25		1	2	3	4		
	7	8	9	10	11	10	Asanha Bucha 10 : School Closed
	14	15	16	17	18	11	Buddhist Lent Day 11 : School Closed
	21	22	23	24	25		
					28	King's Birthday 28	



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\* subject to Thai Govt

Holiday School/Office Closure
Work Day/ PD Day (Teachers but no students)
Half Days for Students
Conference Day (no students)
Summer School
Total Student Instruction Days 180
Q1: 47
Q2: 44
Q3: 44
Q4: 45